



# Bridport Primary School Newsletter

MAY 2026

Our value for this half term is: **RESILIENCE**

## DIARY DATES

**11.5.26**

Y6 SATS week

**19.5.26**

Y5 BSO trip

Y4 Tamarisk trip

Y6 PSHCE Assembly

**20.5.26**

Pantomime performance

**22.5.26**

End of half term

**1.6.26**

Return to school

**2.6.26**

Sport's Day

**4.6.26**

Forest School for Langdon, Bothen and Watton starts

**5.6.26**

Chilcombe swimming starts



Dear Parents and Carers,

EXCITING NEWS: FOBPS have funded a brand new sound and projector system for the school hall. We are SO appreciative, as this makes our assemblies, performances and presentations run much more smoothly. I'm sure that we will see it used for school discos and events, now it is reliable and up to date.



Next week is SATs week for our year sixes. They have been working so hard in the lead up to it and we are all rooting for them to do their best. It may mean a little disruption to the timetable for us, but I know we will all be supportive. Hopefully they will enjoy it, as it is a very different week! It is important to remember that while we want them to show their brilliance, SATs do not define them as young people, as there is so much more to them!

Yesterday, we had a visit from the Tamarisk Farm crew. Year four is preparing for their visit in a few weeks. We are also excited about the other events and trips coming up.

I am attaching a copy of the parent code of conduct, just as a reminder. Our day to day interactions are usually a pleasure, and we appreciate that you are very supportive of BPS.

Ms Kite



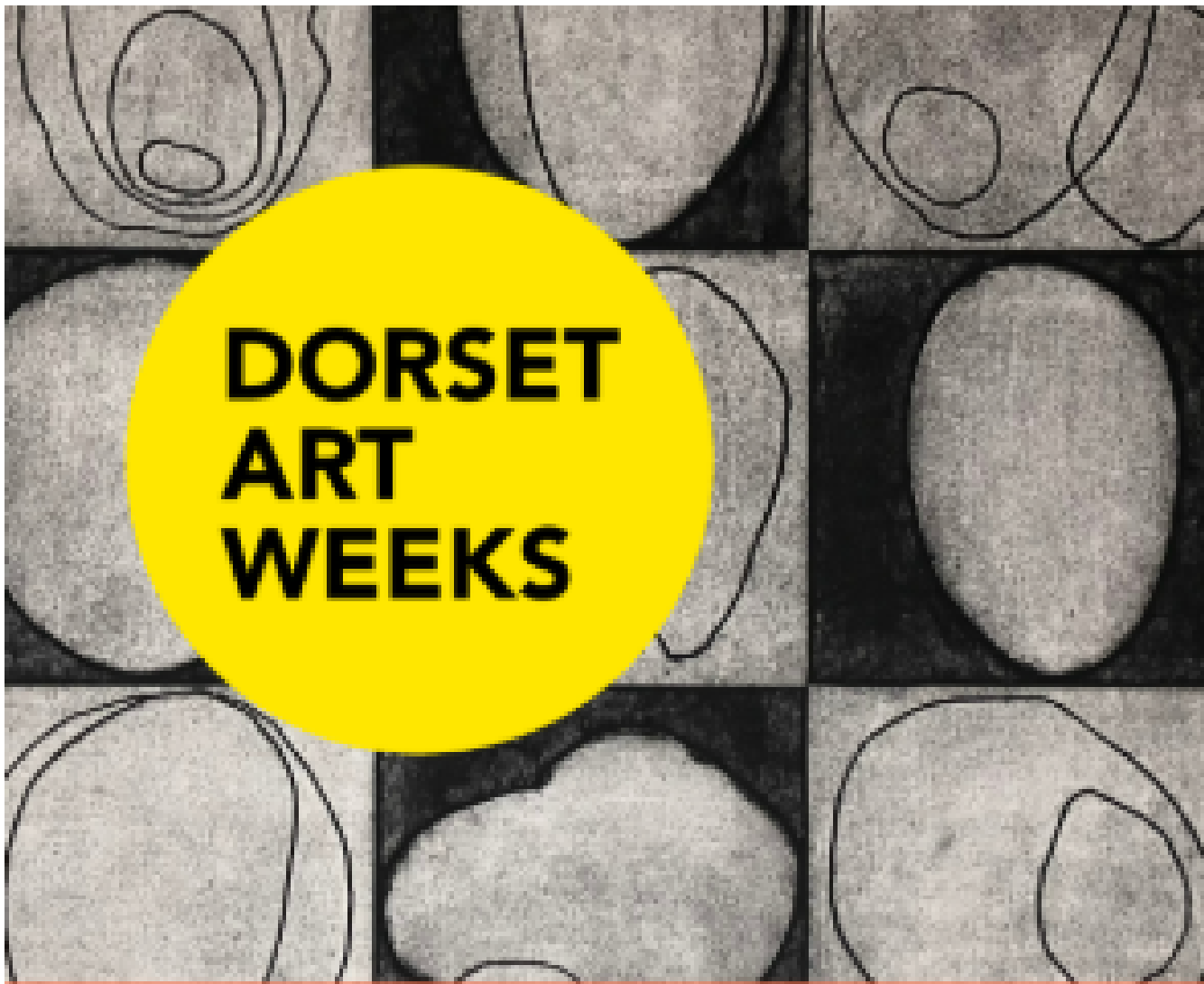
*Learning today for our tomorrow*



**Visitor Guide**

All our 2026 participating artists and makers are now on this website, including an interactive map and details of each venue taking part in Dorset Art Weeks 2026. Explore all...

 Dorset Art Weeks



**23 MAY - 7 JUNE 2026**

**OPEN STUDIOS & EXHIBITIONS  
ACROSS DORSET**

[dorsetartweeks.co.uk](http://dorsetartweeks.co.uk)



**Free community session:  
'An Introduction to Autism'**



What is the session about?

The session was co-developed with parents of autistic children, a SENCo, Dorset Parent Carer Council and Specialist Teachers and Educational Psychologists from Dorset Council.

It will help you to:

- Understand what autism is and how it may impact young people and families
- Learn some practical strategies to support an autistic child/young person

Please note, this is a general information session, so we won't be able to discuss individual children or schools.

Who can attend?

Anyone from the community, this could include people:

- with an autistic child
- with a child undergoing an assessment for autism
- who are interested in learning more about autism

Where and when?

Bridport Family Hub, Skilling Hill Road, Bridport, Dorset, DT6 5LA -Tuesday the 19th of May 2026 at 10:00am until 12:00pm

To Book a place, please click on this [Link](#) or scan the QR code below:

Bridport - An Introduction to Autism - Community Training Session - Summer Term



The session will be delivered by either an Educational Psychologist or a Specialist Teacher from Dorset Council



# Dorset Mental Health Support Team in Schools

## Signposting & other useful services



**Healthier Together**

Improving the health of children and young people  
in Dorset, Hampshire and the Isle of Wight



**Anna Freud**  
National Centre for  
Children and Families

**DORSET  
NEXUS**



**CAMHS Dorset**

Welcome to CAMHS Dorset, we give Mental health and wellbeing advice and support for children, young people, families, carers and professionals working across...

[CAMHS Dorset](#)



We have our own MHST page with information & resources

**YOUNGMINDS**  
fighting for young people's mental health



**@dorsetmhst**

If you need direct help or advice, contact  
Dorset Connection 0800 652 0190.



View on mobile



## MHST Information & Contacts



**@DORSETMHST**

[WWW.FACEBOOK.COM/CAMHSDORSETONLINE](http://WWW.FACEBOOK.COM/CAMHSDORSETONLINE)

[WWW.INSTAGRAM.COM/DORSET\\_CAMHS](http://WWW.INSTAGRAM.COM/DORSET_CAMHS)



scan me



Dorset  
Mental  
Health  
Support  
Team in  
Schools

**BCP Team**

[dhc.mhsteam.bcp@nhs.net](mailto:dhc.mhsteam.bcp@nhs.net)  
01202 129150

**North and East Team**

[dhc.mhsteam.northandeastdorset@nhs.net](mailto:dhc.mhsteam.northandeastdorset@nhs.net)  
01258 394065

**Weymouth, Portland & West Team**

[dhc.mhsteam.weymouthandportland@nhs.net](mailto:dhc.mhsteam.weymouthandportland@nhs.net)  
01305 361900

# Parent drop-in

Your next drop-in will be on:

# 1st July

Your school nursing team can provide non-judgemental and confidential support and advice about:

- Healthy lifestyle advice
- Emotional health and well-being support
- Bedwetting and toileting
- Nutrition and growth
- Sleep advice
- Signposting to various services
- Parenting advice
- Behaviour support

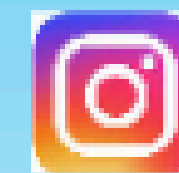
You can contact us via

- School nursing admin hub on 01929 557 558
- Parentline advice 5-19 texting service on 07312263131
- Website at [www.dorsethealthcare.nhs.uk/school-nursing](http://www.dorsethealthcare.nhs.uk/school-nursing)

Follow us on social media:



DorsetHealthCare School Nursing



[dorsethealthcare\\_schoolnursing](https://www.instagram.com/dorsethealthcare_schoolnursing)





community front rooms

### Reaching a crisis point with your mental health?

Need support with your wellbeing?

The Community Front Room Bridport, at The Harmony Centre, is here for you.

We are a welcoming, non-judgemental and safe space for you to come and be, to talk and be listened to.

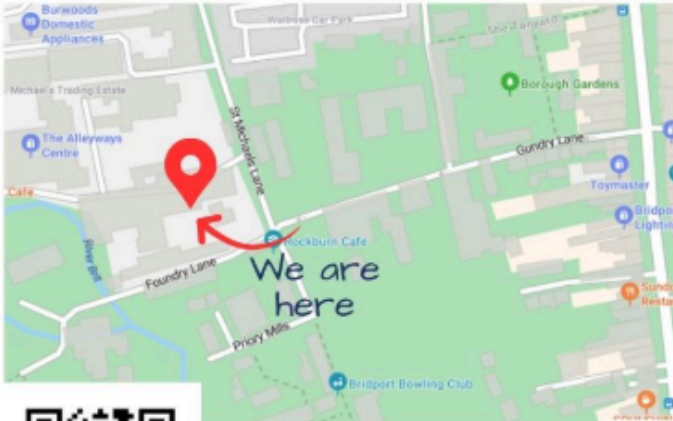
Our Mental Health Practitioners and Peer Specialists are specially trained to help you work out your next steps for your wellbeing. (18+yrs)

Open 52 weeks of the year!

Thursday – Sunday, 2.15pm – 9.45pm

You do not need a referral. Just ring the doorbell or telephone us on 07385 290804 to request support or use this link for a virtual drop-in:

<https://www.dorsethealthcare.nhs.uk/patients-and-visitors/attend-anywhere/access-mental-health>



Registered Charity No. 1170086

[CLICK HERE](#)

This is a link to an TED Talk about helping our children and young people cope with life's challenges, which you may be interested in.

the harmony centre  
Supporting your mental health & wellbeing

The Harmony Centre  
Units 1 and 2, The Tower Building,  
St Michael's Estate,  
Bridport, DT6 3FN

(Entrance is via the courtyard off Foundry Lane.  
what3words: rainwater.condense.glitter)

Tel: 01308 801154

Email: [info@theharmonycentre.org.uk](mailto:info@theharmonycentre.org.uk)

Web: [www.theharmonycentre.org.uk](http://www.theharmonycentre.org.uk)



the harmony centre  
Supporting your mental health & wellbeing



Call in to our Bridport centre for friendly support and advice or to join in one of our FREE weekly activities designed to support your wellbeing



Harmony is an award-winning charity providing FREE friendly, welcoming and informal support for adults 18+ who are wanting to improve their mental health and wellbeing.

Call in to The Harmony Centre in Bridport during our centre opening times to chat to one of the team and find out how we can help you. Whether you would find it helpful to meet like-minded people, have a cup of tea, find out about local services or take part in one of our FREE weekly social activities, we're here for you.

We run the Bridport Community Front Room crisis service where you can speak to a specialist Mental Health Practitioner FREE without the need to seek a referral, Thurs to Sun 2.15pm - 9.45pm

We're also home to the Access Wellbeing hub, Bridport, where our friendly team are there to listen and give FREE 1:1 wellbeing advice and guidance support, Wednesdays 10am-3pm



For children up to 11 years, with their adult carers.  
Songs, Bible stories, craft activities, a meal and a mess  
Come and join in!  
Thursday 3.30 - 5.30

Our next Messy Church will be one week earlier than usual  
Please join us on  
**Thursday, 21<sup>st</sup> May at 3.30pm**  
to celebrate Pentecost - the birthday of the church

Craft activities  Party Food

Bridport United Church, East Street



Supporting your mental health

Lyme Regis at The Guild Hall: Mon 10am - 3pm  
Maiden Newton at Webbers Piece: Tues 10am - 3pm  
Beaminster at Prout Bridge: Thurs 10am-3pm  
Bridport at The Harmony Centre: Weds/fri 10am-3pm

We know that sometimes, the challenges we face in our day-to-day life can impact on our mental health and become overwhelming.

Our hubs provide a welcoming space for you to find FREE SUPPORT on the issues that matter to you, including:

- Mental health and emotional wellbeing
- Social connections and activities
- Grief, loss and bereavement
- Work, money, housing, benefits support
- Support for carers and family members

No referral or appointment needed

Tel: 01308 801154  
[accesswellbeing@theharmonycentre.org.uk](mailto:accesswellbeing@theharmonycentre.org.uk)

Find details on all our drop-in spaces and hubs at:

[dorsetaccesswellbeing.co.uk](http://dorsetaccesswellbeing.co.uk)

### Harmony Drop-in times:

No need to book. Come and go as you wish!

#### Monday

10am-1pm

Arts and Crafts,  
- just pop in

2.30pm-3.30pm

Pilates

#### Wednesday

10am-1pm

Social Drop In - just pop in  
10am-3pm

Access Wellbeing drop-in

#### Friday

10am-1pm

Feel good Friday

All at The Harmony Centre

#### Tuesday

11am-1pm

Harmony Garden Drop-in

behind St Mary's Church, Bridport - just pop in

2pm-4pm

Men's Health Walk, Bridport

Meet at shelter, St Marys Park

#### Bereavement Support Group

Join our dedicated group which meets every 1st Thursday of the month  
11.30am - 1pm