



LAUNCH INTO A NEW ADVENTURE

SEA
CADETS



At Sea Cadets you'll go on great adventures, meet new friends and do stuff like raft building, learning to save a life, racing sailing boats and parading with friends. You'll also come across activities you'll have never done before like weather-forecasting and engineering!

Through new adventures, you'll learn skills, try things out, and find it easier to tackle more challenges in the future.

SKILLS YOU LEARN AT YOUR UNIT



First aid



Knot tying



Code breaking



Cooking &
food safety



Marching

THINGS YOU CAN DO ON THE WATER



Raft building



Rowing



Sailing



Paddlesports



Swimming

OUTDOOR ACTIVITIES TO GET STUCK INTO



Rock climbing



Survival skills



Camp craft



Abseiling



Sports

COMMUNITY AND CITIZENSHIP EVENTS



Navigation



Helping others



Cultures & religions



Parades



Emergency
services



INFORMATION FOR PARENTS AND CARERS

Each week, across the UK, 9,000 trained Sea Cadets volunteers commit their spare time to help young people launch themselves into new adventures.

Sea Cadets is committed to equality and diversity and take the safety of young people very seriously. Our Safeguarding Children, Young People & Vulnerable Adults Policy safeguards young people and places their health and welfare at the top of our priorities.

Some Sea Cadets groups take young people from the age of nine, but most from ten onwards. Ask your local unit to find out their minimum age intake. The cost to attend is kept as low as possible and varies between units; some will ask for a small donation, but not always. There are charges for training courses and camps but these are kept to a minimum.

JOIN US

You can find your nearest Sea Cadets group by visiting **sea-cadets.org/units**.

Contact your local unit here:

01308 456601

bridportsc@outlook.com

**Plottingham Playing Fields,
Rear of West Rivers House,
West Allington, Bridport, DT6 5BJ**

sea-cadets.org



[/SeaCadetsUK](https://www.facebook.com/SeaCadetsUK)



Patron: HM The Queen
Marine Society & Sea Cadets, a charity
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